

age groups -

1) 18-30

av. age: (FEP PROGRAMS)

19-24 2) 12-25

ineffective 12-15 y.o.

12-17 majority age group

3) what age is right to start?

too young-hard to find jobs too old, graduating/off to next

4) 18 - 25

- lower scores on fidelity because of partner agencies being different

Challenge- PARTNER AGENCY -

SCHOOLS vs. MH centers

- HOW DOES THIS WORK?
- CLINICAL NEED
- learn new skills (how college works, resources, building networks)

learnings - young adults are resourceful, but is

this counterproductive to role of ES

- adapted Fidelity scale

YOUTH ADVISORY GROUP, W/people who have Lived exp.,
utilize social media

- change language "feeling wobbly"
- make waiting rooms "normal" - Headspace has guitars in waiting room; comfortable space and place for young people
- Massive change in Iceland in last few yrs.
- young ppl grow up like this is normal (NOT to work but rather to collect benefits); VR Dept.-referred from doctor
- VR Counselor & IPS spec. Work W/Nat 'l hosp.
- General IPS services
- working w/young ppl on time management on impulse control, time mgmt, Conflict mgmt, etc. (cognitive strategies & self mgmt - Susan McGurk modules from IPS morning session) (First modules help w/ self esteem × motivation)

STIGMA

- Need strong cost/benefit info
- Similar to FEP - get in early to provide long life, avoid poverty
ICELAND -Public income benefits - ends up being more money than working so small incentive for young people to work instead -HUGE Disincentive to work; instant gratification, short term thinkers

CHALLENGE-not investing in early intervention

- slow movements in bridging gaps to this

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