

2024 International IPS Learning Community Annual Meeting

Breakout Group: IPS for Young Adults

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Challenges:

Parents involved-opinions, high expectations,
Different work ethic-think more about what suits them
May not have a positive role model
Trauma, may be generational if parents were traumatized
Short-term thinking-not thinking about the future
Lack of work experience/understanding of work
Differences in accepting treatment-is this the right place for them
Youth “flip flop” on their goals for work and/or education
May want own business
Funding services for youth, who pays for supported education services?
Career exploration is age appropriate?
School district’s age limits
May have had a traumatic experience with education
How to choose a fidelity scale for a mixed program (young adults and adults)
Employer attitudes about young people
Funding for college
Schools are busy places with safety and risk policies about visitors-implications for the employment specialists to be able to visit
Youth confidence about trying something new, fear of the unknown

Learnings:

Special person to improve employment
Family involvement (whole family). Determine who is family to each young person.
Early discussions about employment-what do you want to be when you grow up? What do you dream about? Expose youth to options.
Talk to people who have success at employment
Informational interviewing
Monitor motivation with young people-learn how to stay in touch
Need collaboration between systems: mental health treatment, justice, education
Help young people learn about workplaces, even while they are still at school
Help young people think beyond education and plan for the future.
Age ranges are different (14-22, 14-25, 16-30...)
IPS specialists for youth need a different type of supervision
Meet with youth where they are at-engagement can be tricky
When meeting with parents or caregivers, acknowledge their expressed challenges
Identify passions/strengths to engage youth
Building rapport with employers to identify good job matches