INDIVIDUAL PLACEMENT AND SUPPORT is an evidence-based practice for helping people with serious mental illness gain competitive employment.

People living with serious mental illness want to work. IPS helps them attain their goals.

Studies show 60% of people with SMI want to work, but only about 15% are employed.

Benefits of Work for People with Serious Mental Illness
- Increased self-esteem
- Better control of psychiatric symptoms
- Reduced psychiatric hospitalizations
- Reduced criminal justice involvement
- Increased self-sufficiency
- Decreased dependence on others

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For every 100 people who enroll in IPS in the US, 60 get a job, more than twice as many as those who enroll in any other employment program.

Having a job can reduce the costs of rehabilitation and mental health services. A 10-year follow-up study of people with co-occurring serious mental illness and substance use disorder found an average annual savings of more than $16,000 per person in treatment costs for steady workers, compared to clients who remained out of the labor force.
THE IPS MODEL IS EVIDENCE-BASED

U.S. and International Randomized, Controlled Trials Show:

- IPS greatly outperforms standard employment supports.
- IPS works in both urban and rural communities.
- IPS works for youth and young adults.
- IPS works for people from different racial, ethnic, and minority backgrounds.
- IPS supports people with education goals.

For More Information
TDMHSAS Website: TN.gov/behavioral-health/ips

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*Claims in this document are supported by more than two decades of research. Visit IPSworks.org to learn more.